

Friends Medical Services Ltd, Carbon Reduction Plan September 2022

Commitment to Achieving Net Zero

Friends Medical Service Limited (FMS) is committed to achieving Net Zero emissions (100% reduction of greenhouse gas emissions) by 2050 at the latest.

Baseline Emissions Footprint

Baseline Year: This will be 2022 (please see Additional Details below)	
Additional Details relating to the Baseline Emissions calculations.	
FMS commenced trading in March 2021. Our baseline year for collection of emissions data will therefore be calendar year 2022. This aligns with our accounting year (January 1 st to December 31 st) and we will also report on GHG emissions in line with our accounting year, releasing each emissions report in the first quarter of each year, starting with 2023.	
Baseline year emissions:	
EMISSIONS	TOTAL (tCO₂e)
Scope 1	To be added once a complete set of data has been captured for the baseline year, 2022
Scope 2	To be added once a complete set of data has been captured for the baseline year, 2022
Scope 3 (Included Sources)	To be added once a complete set of data has been captured for the baseline year, 2022
Total Emissions	To be added once a complete set of data has been captured for the baseline year, 2022

Current Emissions Reporting

Reporting Year: 2022	
EMISSIONS	TOTAL (tCO ₂ e)
Scope 1	Scope 1 emissions will relate to travel in company vehicles and burning of gas in boilers on business premises.
Scope 2	Scope 2 emissions will relate to electricity consumption on business premises.
Scope 3 (Included Sources)	Scope 3 emissions will relate to staff commuting to work, business travel and water supply and treatment (where we can source data).
Total Emissions	

Emissions Reduction Targets

Our initial emissions reduction target is to decrease emissions from 2022-2023 and in each of the following two years (from 2023-2024 and 2024-2025), by 2.5% each year. Once we have established our baseline and identified the relative proportions of each type of emission, we will review these targets to see whether more ambitious targets would be tenable.

Environmental Measures / Carbon Reduction Projects

The following measures and projects will be applied to all contracts and projects:

- All staff will receive training in our Environmental and Sustainability Policy and we will look for innovative and effective ways to encourage staff to be mindful of energy saving behaviours e.g. turning off lights and ensuring equipment is fully turned off rather than put onto standby when it is not needed.
- We will continue to raise awareness about our carbon reduction activities and will publish quarterly updates to all staff on measurements and progress.
- Where we are delivering face-to-face services, we will work with landlords to; measure electricity consumption; move to renewable electricity where possible; review the possibility of installing LED lighting; organise and/or expand recycling arrangements.
- We will work with equipment suppliers to identify low-power options for scanners and other equipment and identify any other energy saving opportunities e.g. automated power-downs or time-outs where safe and appropriate.

- We will look to minimise business travel, including by enabling flexible working for administration staff, by holding virtual meetings and, for services where clinicians must travel between clinics at different sites, through effective rota management.
- We will continue to work within a paperless environment to the greatest possible extent.
- Consider appropriate and approved carbon offsetting themes where appropriate.

Declaration and Sign Off

This Carbon Reduction Plan has been completed in accordance with PPN 06/21 and associated guidance and reporting standard for Carbon Reduction Plans.

Emissions are being recorded and will be reported in accordance with the published reporting standard for Carbon Reduction Plans and the GHG Reporting Protocol corporate standard¹ and using the appropriate Government emission conversion factors for greenhouse gas company reporting².

Scope 1 and Scope 2 emissions have been reported in accordance with SECR requirements, and the required subset of Scope 3 emissions have been reported in accordance with the published reporting standard for Carbon Reduction Plans and the Corporate Value Chain (Scope 3) Standard³.

This Carbon Reduction Plan has been reviewed and signed off by the board of directors.

Signed on behalf of the Friends Medical Service Ltd.:

A handwritten signature in black ink, appearing to read 'Zaheer', is written over a faint rectangular box.

Zaheer Baloch – Managing Director

Date: 20th September 2022

¹<https://ghgprotocol.org/corporate-standard>

²<https://www.gov.uk/government/collections/government-conversion-factors-for-company-reporting>

³<https://ghgprotocol.org/standards/scope-3-standard>